## You Can Make A Difference!

- You CAN improve the quality of life and care for vulnerable residents living in long-term care settings!
- You CAN promote and ensure that residents in long-term care facilities are treated with dignity and respect!
- You CAN empower residents to resolve their complaints!





## **For More Information Contact:**

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# Volunteer Long Term Care Ombudsman Program

State of Nevada
Health and Human Services
Aging and Disability Services
Division



Steve Sisolak Governor

Richard Whitley, MS
Director,
Department of Health
and Human Services

Dena Schmidt
Administrator,
Aging and Disability
Services Division

## **Volunteer Long-Term Care Ombudsman Program Overview**

#### **Ombudsman**

"One who speaks on behalf of another"

## Who Can Become a Volunteer Long-Term Care Ombudsman?

If you are 21 years or older, have reliable transportation, are able to pass a background check, and possess a genuine care and concern for older adults you could be one of our esteemed volunteers.

## What is the Commitment?

Volunteers go through a 12 hour training program including field training with seasoned Ombudsman staff. On-going training and in-service is required.

Volunteers are asked to commit to a one year term wherein they spend 4 hours per week volunteering for the program. Volunteer duties must be conducted during normal business hours Mon—Fri 8am to 5pm.

### Duties of Volunteer Long-Term Care Ombudsmen

Volunteer Long-Term Care Ombudsmen serve persons who reside in Long-Term Care facilities by:

- Providing residents information about their rights and available resources.
- Obtaining factual information about resident's complaints, and assist in the State Long Term Care Ombudsman program in the resolution of these complaints.
- Assure that residents receive quality of care and treatment from service providers.



## **Long Term Care Bill of Rights**

#### Residents shall be:

- Free to voice grievances without fear of reprisal.
- Assured that they can exercise their rights as a citizen.
- Free from mental and physical abuse, and free from chemical and physical restraints.
- Discharged or transferred only for medical reasons, for their own welfare, or for non-payment.
- Entitled to associate and communicate privately with persons of their choice.
- Free to participate in social, religious and community activities.
- Assured access to their personal and medical records, to be informed about their medical condition, to participate in planning their care and treatment.
- Entitled to manage theirpersonal financial affairs.
- Entitled to the option of keeping and using personal belongings as space permits.